

## **Lecture from the Arcturians, July 2008, "A Call to Serve"**

### **Introduction from Lynda:**

Hello everyone, the information below was received at a channeling in July, 2008, under the willow tree at Dancing Spirit Healing Center. I wish to express my gratitude to Kim for creating such sacred space for us; to everyone who attended for maintaining the sacredness of our circle, to Dorothy and Kim for their recordings and to Beth for her hard work typing all this.

I encourage you to take a few moments before reading the script to go inward and invite the Arcturians to your own sacred center; then invite the ascended master and the angel who are currently working with you and this particular teaching. Thank them for their help and love, honor yourself and those who travel with you, take some deep breaths then begin reading. If you stop and take a break please follow the above suggestions before you start reading again.

One final note, it took all of us together to bring this frequency forward and I thank each of you who attended for your love and support.

Namaste,  
*Lynda*

### **Lecture- "A Call to Serve":**

We are the Arcturians; we begin by asking you to please put away your papers and pens. Put away that side of your mind. Put away that side of your brain. Stay with us, we are the frequency that allows your thoughts to drift on the wind. Celebrate the rain and the dance of the earth.

If at anytime you cannot hear this one, please tell us we can have her shout.

Now we wish you to look at each other, and acknowledge each other. Some you may recognize, some you may not. But we tell you, you know each other well. As we know you, you are known to us. So please look around and recognize that we have a group of Masters here, in strange and wonderful dress. Look at the different colors; look at the different shades of the skin. Look at the different lengths of the hair; look at the different colors of the eyes. And notice the differences for we celebrate your differences, and we wish you to begin to celebrate them yourselves. We wish you to have others notice those things you feel are ugly about yourself. Make them so they are noticeable. So that others my love them. Even more then you would love yourself. Please know that each of you came tonight with an Ascended Master who is standing behind you; an angel who circles around you, and we the Arcturians brought each one of you here.

Please know that each one of you can talk to us and can channel just as well as this one. There is no higher or lower here. This one has just been ready to take the risks sooner than some of you.

We wish that you close your eyes and go inward. Connect to the tree. Connect to the wind. Feel the sun, and the ground beneath your feet. This is your precious planet. Please acknowledge her, and express your gratitude to her for giving you birth, for giving you the opportunity to be here at this amazing time, this amazing place in space. Stay with your eyes closed, stay within and connect to the earth. Tell her your fears, tell her your sorrows. Tell her your joys. Take a moment to do this now. Staying with your eyes closed so you are inward, ask for clarity; ask for healing; ask for knowledge. Let the wind blow away the self-doubt. And we ask that you celebrate yourself we need you to have the energy of celebration for self, in order for us to share our clarity. So if you are having difficulty celebrating yourself, please ask for help from those angels and masters, and from us who are with you. We need you to be in an act of celebration.

Now we ask you to think of the people who have brought you great difficulties in this life. And we ask you to celebrate these ones. And again if there are struggles, we ask you to ask those masters and angels, and us, the Arcturians for help. Now we ask you, still with eyes closed, to think of the person on this planet, that you love the most; that you would give your life for; that you love. And know that you are feeling less than a tenth of the love we have for you. So allow yourself to receive our love and the appropriate feeling may be that of being overwhelmed. For the love we have for you is tremendous. And many of you stop us from giving you that which we wish to, that which we can, that which we would. So move into the act of celebration move into the sense of love that you have felt for another and then open your hearts, and yourself to us, to give you more than ten times that love. It is yours.

We called this evening a call to serve. And in order for each one of you to serve, you need, and we stress, you need to allow in the full impact of our love. Otherwise you reduce your ability to serve. So please stay within and allow this to flow into you, many of you are blocking our energy. We wish each of you to touch, if you can reach, a leaf from this tree, if not touch a part of the ground. And know that each part that you touch is sacred. So connect with the sacred. And bring that into your heart. Celebrate. Many of you think of service as drudgery and we tell you it is an act of celebration. We are harping on about this, because some of you are still struggling. We need all of you; this group was called together on purpose. Each one of you needs the other ones, to raise their energies. In order that you may leave here tonight, ready to serve with the fullest abilities you have available to you. So please go within, it will make for a very long evening if you keep blocking. Invite in our love, invite in the sacred. Invite in the celebration. If you have any fear, any resistance, ask for our help. Now we ask each of you to send love to the person on your left. Now offer love to the person on your right. Now offer love to the master who stands behind you. Now offer love to the angel that stands in front of you. Now offer love to us, the Arcturians who surround you. We have been living with many of you for a long, long time.

Now we wish you to look at your legs, and those of you with short legs, we wish you to remember when you had very very, long spindly legs. And those of you with long legs we wish you to remember when they were short and stubby. Spend some time with your legs. Notice the difference in how it feels when they're short and stubby compared to long.

And those of you who are men, we wish you to remember when you have been the most sexy, wonderful women. And those of you who are women, we wish you to remember when you were the most gorgeous men. And those of you who are healers, we wish you to remember when you were lepers. And those of you who come to the healing, we wish you to remember when you had the ability to lay on hands and the person was immediately healed.

And now we wish you to open your hands, and imagine all your own addictions in your hands, some of them will be petty, some of them will be huge. And know your hands are filled with light. And each addiction that you place in your hands becomes as a light. Don't forget your addiction to being right; to being careful; to being guilty; to being strong. Lots of addictions. Invite them all in and see them turn to light. And then bring in the ones you've forgotten about, to people and places.

We ask you once again, to touch, the tree or the ground, and to share that sacred energy. And to know that together with the light and the angels, and all of us that these addictions are at peace. And know that the only way they can return is if you invite them back. And some of you will. So pay attention, when you move into an addictive behavior and realize, you, the sacred being that you are, invited that back in. You can follow this ceremony again, and listen to our words again, and it will help with this addiction need for many of you are addicted to being addicted. We stress this, for in order for you to complete your service on this planet, if you hold onto your addictions; you will make your service very, very difficult. Far more difficult than it needs to be. So please pay attention to this, this piece of learning.

We now ask you to take your attention to your third eye, and rub that area on your forehead. And imagine a crystal there. And the crystal is beaming light, and it's transfiguring, and transfixing and changing the energy. Feel yourself aligning with Us as this change occurs. For we are working with each one of you directly in your third eye. Now, feel the Ascended Masters working with you from behind, feel them come into the base of your neck, right behind your throat. And feel these energies coming together within you, the Ascended Master, Yourself and then Us, and your third eye. Feel this blending with the blessing of your angel.

Some of you are dillydallying, and have wandered off. Come back this is important. We wish to tell you that we are good at poking. And if some of you feel a poke, it is us saying, "Hello, where did you go? You came here to do work this evening."

So blend these energies, of the Ascended Master, at the base of the neck, behind your throat and Us working at your third eye. Put these two together. Now allow a sound or a

word to come out and it may come out once or it may need to come out a hundred times. Allow that to happen now without any hesitation. And now allow your Angel to talk through you, and allow words. All of you, we wish to hear the voices; there is power in the voice. Your Angel needs to be heard, honored. Let the words change. So now bring your Angel, the Ascended Master and Us together, and notice what sounds want to come out of your body now. And again, we Arcturians like to be very loud. Please let us speak through you now! And again we want you to get used to this. Good you're all on tape. We told you, you could all channel us. See, you did very well. Notice how your energy has moved, go back in and notice the movement. Just from using this throat chakra, it is important.

Now we wish to move on to something we mentioned to someone else today, and we're calling it the cult of the personality. Your wonderful new age movement has got caught up in the idea that you are supposed to become a better person. You're supposed to really work hard on yourselves, you are just not good enough the way you are. And we want to tell you, that this is a real waste of time. For you all chose the personalities you need, and, as we mentioned earlier, (we lost this part in the wind) some very influential leaders on this planet, chose very unfortunate personalities. So we wish to remind you to let go of the personality, do it now. Just let it go. If you offend twenty people tomorrow, you offend them, let it go. They were waiting to be offended, you just happened to come along.

So let yourself be offensive. Notice that word, you're on the offensive. You are moving out, letting go of this. If you spend your life worrying about what you are supposed to be saying, you're going to spend a lot of time worrying and not a lot of time speaking. What a waste of energy. You chose your personality, just like you chose your parents, like you chose your country, you chose it all. Let it work for you. We ask that you have an intention to love your personality, and that may be very difficult on some days, and we ask you just to remember then, that your personality is doing exactly what it is supposed to do. And if you yelled at somebody last night, oh well. You helped unblock this part here, (indicating the throat). We chose this channel on purpose because this is one of her biggest difficulties. She oh so wants not to hurt anybody, and it gets very old. She ends up hurting half the people she talks to, as it is, so let it go. And if we can help this one let go, let me tell you we can help anyone let go, just ask for help. She has been a great, a great experiment for us. So, we told each of you that you have the ability to channel us. You can do it as we are tonight or, you can do it in your journals or you can stand in front of somebody and just let yourself speak. We will not let you down. We will bring great humor and we will help you be offensive, because it is sometimes through being offensive that you wake people up. And your journey is about waking up. It is not about being sleepy and nice and pleasant. And as some of you know, nice means ignorant. So it is not about being ignorant. It is not about being sweet. We tell you Mother Teresa was rarely sweet. She was opinionated, she was demanding, she was pushy and she changed the planet. Would you rather be sweet? Or would you rather change the planet? Would you rather be politically correct? We don't work well with politically correct. Or would you rather change the planet? We put these thoughts out to you so that you remember that your job is about awakening yourself and awakening others and has nothing to do with being pleasant. This has nothing to do with being charming. This has nothing to do with

flattery. This has nothing to do with being dishonest and people pleasing in any way. So we ask you to catch yourself when you are people pleasing. It is wonderful to tell somebody that they look lovely in that turquoise dress, if it is true. So we ask you to voice truth. And when lies want to come out of your mouth, notice what the lies are about. Are they to make that person feel better or to make you feel better about yourself? We tell you nine times out of ten it is about making you feel better about yourself. So we ask you in this movement of service to be truthful. It is a wonderful gift that you have to give the planet. It does not mean you have to spill the beans, spill your heart, it simply means that what needs to be said is not pulled back. It is true and it comes from a very deep heart place. It can be contradictory, what is true today may not be true tomorrow. Allow yourselves to be contradictory. Allow yourselves to change. Be delighted in it. Who wants to be ... (lost in the wind) so we encourage you to move into your dynamic being. Go within for a moment and imagine yourself being dynamic. Dynamic. Dynamic. Even the most retiring of you imagine yourselves dynamic. What does that look like? Are you dancing? Are you naked are you clothed? Are you wearing crazy colors? What does dynamic mean to you? For we ask you to be dynamic in your own way. We would ask you to go home and check on what that word means. And your different dictionaries will give you what you need to hear. Dynamic. For each of you are charged in your service with making your service dynamic. Dynamic is about change of heart. It is not about the status quo.

Now we move to your politics a little bit. Some of you like to be left wing, some of you are a little privately right wing, some of you try to blend with whoever's here and some of you couldn't care less. We tell you its time to care. It is time to pay attention. It is time to notice when you send your anger to some politicians and when you send your love. For we ask that you send love to all, and if you cannot, pay attention to that and simply ask for help celebrating their service. For the politicians on this planet, whether they are corrupt or not, are standing out in the forefront to change energies. So one may stand out in the forefront with an energy you like and you want to celebrate. While another may stand out in the forefront with an energy you despise, you should pay attention to this. For it is that which you despise, that the person is modeling for you, so you can help the planet change it. So pay attention to your politicians, to your heroines, to your heroes, to your Hollywood stars. Send love to Brad Pitt and Angelina, send them love they're gonna need it. The spot light is going to be on them. Brad Pitt's children are going to need all the love you can offer. So take a moment, and send that man's children love. And now lets turn to Paris Hilton and send her your love, and Charlie Sheen. And then to all the people who are in these people's worlds, imagine them. And send them support and if you can't, give your angel the job. We focus on this for the moment, because when an individual is standing up and saying "here I am!" all this energy from the populous, sometimes from around the world, is being sent there and it is energy of anger, of pain of sorrow, of sexual lust, it is many, many energies. And these individuals have taken the stand at this time, to offer to move these energies. So this is part of what is happening in your culture today, there is much awareness and often celebration of the rich, and the wealthy. So that you may think, "What a wonderful life, to be that rich and that wealthy". We tell you that it is frequently not, for they are standing on the stage, fighting the energy coming into their field in order that they may evolve and dismantle it, change it. So we

ask you to go within and give thanks to anyone, who has been willing to go on the stage and put themselves at risk, including this channel.

Now we ask you to put your head on your knees. If you can't, get as close as you can and we ask you to pay attention to what the ascended master is doing behind you, as you do that. If you do not have any idea what the ascended master is doing we ask that you become a little quieter so you can sense your own energy. And then we ask you to reach up and stretch above your heads, and pull your arms back, notice how this opens up your heart. And allow the angel that is in front of you, into your heart. And then allow yourselves to be cloaked with our energy, the Arcturians. This one really expected to come here tonight and give you piles and piles of information, and many of you expected to receive piles and piles of information. And we tell you that was not our schedule. Our job here is to help you move your energies in order to do your work. As many of you, if not all of you are very aware, your planet is in a state of great change and many of you are in a state of frenzy. And if its not you, it is your family around you. All the people that you work with are in a state of great turmoil. And you may or may not be aware of that. We tell you there is great turmoil. For this is a period of great and very exciting change and each of you have come here at this time on purpose to serve. So we ask you to go within yourselves again, and imagine yourself serving. With our energy your ascended master's energy, and your angel's energy flowing through you, imagine serving. You will change the world each one of you, and that is your job. Your job is to make tremendous change upon the planet. It is not enough for you to effect just one person's life and while we do not diminish that service it is not your role. You came here to make change which means of course the change begins in here, (touches the thymus) and while you are changing in here you are changing out there. So we wish you to use your breath. And breathe in the angel, the master and us, the Arcturians into your body. Now breathe that breath out. And you just changed the world. You brought these three energies together within you and you changed the world around you. Please do it again and again and again. Breathing us in, and breathing us out. Breathing us in, and breathing us out. You alone are not enough. For the kind of change, the kind of healing, the kind of work that this planetary movement is about. It is only when you work together, with the higher beings that you connect with, that you can do your work. This may sound obvious but many of you forget that. And having been in this group tonight, we tell you it will take a lot of work to get rid of us, the Arcturians. If you really are uncomfortable with our presence in your life, we do leave. We do not invade space where we are not welcome. But we encourage you, if you are asking us to leave, to take a closer look at why, at what you are endeavoring to keep still within yourself, for we are the energies of movement and creation. By coming here tonight, you just accelerated movement, within your own bodies, within your own world, within your own family. Your family members think they are immune from all this, oh, little do they know what you are up to tonight this is going to change them. For we tell you while you are here with us; we are also at your home working on your family. We are also with your extended families; we are also with your friends. You come as an individual for the group. Which ever group members that have said "I'm a part of this person's life" then we effect every one of those. And again we only go where we are invited. But the invitation has come and you would be surprised, this one would be very surprised if she knew her atheist sister had invited us into her

home tonight. So would the atheist sister. But the invitation has come. Many of you feel as though you were born into the wrong families, “I don’t belong here; this must have been an enormous mistake on my part. What was I thinking?” Well remember before you came here, you weren’t thinking, you were in tune. It is thinking that gets you in trouble, which is why we asked you to put your notebooks away tonight. They move you into thinking and we want to move you into experiencing and spontaneity. So we ask you, to close your eyes and make a spontaneous movement; now make a spontaneous sound; now have a spontaneous idea; now just move into your heart. Put your hand over your heart. And offer yourself the most wonderful healing that is available on this planet and to you at this time. And invite more in you are not used to expecting very much. Invite more, there is so much more available. In offering to come here tonight, as a call to service, what we offer you in this call to service is healing. So allow us to work with you to bring you healing. Go within and ask the healing to come to the core, into your deepest self. . . . . invite that in and know it is entrained. Now, with your eyes closed offer this healing to the person on your left. Just place your hand towards them. Now place your other hand on your heart. Now ask to become a clear channel, imagine yourself as such. . . . . Now, swap your hands, and send the person on your right, healing. . . . . Now become a clear channel.

The person sitting to Kim’s left has a question. Please go within and ask what that question is, and share it. We ask that the rest of you remain with your hands on your heart and hold the energy of love. We wish to hear the question. Can you feel your question? (Is it J?)

Let it be spontaneous. Let it come from your heart.

Did everyone hear the question? We ask you to repeat the question, not because we can’t hear it, because we wish you to repeat it.

(J repeats the question.)

We ask you to say it again.

J: how do we, as multi-dimensional beings, keep conscious of our multi-dimensional selves, while we are in service on this planet at this time?

Now we ask you to go in and be quiet. Go to your throat chakra, and we ask you to channel the answer. We have our answer, it will come from you. We are ready.

J: Let go of your need to be attached to the other parts of ourselves, the part of our selves that is present in this moment, the other parts of our selves, the part of our selves that is present is the important one, (some of the answer was lost on the wind and could not be recorded).

Thank you. We ask you to have a small group in a month J, which you will lead. It can be a group of close personal friends, so it will be safe for you. It is time for you to start speaking our words; we have been with you long enough. It is not time to imagine, that you need to go to another to hear us, we celebrate that you are here tonight. But there is a tendency, to doubt to doubt your own abilities. We tell you that we are here and we are ready to speak through you. We need many of you to speak through. For you each bring your own vibration to the speaking. And we need all of you sharing with us. Now we go to the person 4th on the right from Kim. Can you give us your name?

M answers

M.

(We have lost some of the recording here)

P. We would like you to stand up P, and give the group a bow. We aim to embarrass you a little bit. Have we succeeded?

P: Almost.

Well we may have to try a little harder. You will learn to say yes.

P: yes, yes, yes.

We wish you to touch your toes.

P: ok now I'm gonna be embarrassed.

Now we wish you to look around the room and notice, one person who you are drawn to. We wish you to go over to them and give them a big hug, and tell them something special. We would prefer kisses. Now D, stay standing. We ask you to go in, and ask your own inner self why P chose you. Say it louder. Say it again.

D: Because she sees my light.

Do you see your own light? We ask you to stand. We ask the others to see D in light, in her truth, and you need to stand D until you are so filled with light, that it is time to sit. P you can stand or sit. Your work is complete we thank you. We ask that you all to be receiving Ds true self, her light. Now we ask you D to share that beautiful light with all of us. Do you understand now D when you perceive yourself as less than pure light you offer disservice as opposed to service. Good , for tonight is all about service. Thank you. We wish to come to the person directly opposite P. Can you give us your name?

C: C.

C, we promise you that we will not do to you what we did to J. We ask you to ask a question that comes from your inner core. J by the way your groups need to be monthly for the next twelve months and then the times will be changing, and there is not a vacation for Christmas and Easter. And for those of you who may want to listen to J information that he brings through he will be making it available on this one's website as well as his own agendas. Now we return to C. We wanted to give her a little rest to give her an opportunity to come up with her question. Speak up please.

C: Due to the sound of the wind we were unable to hear the question on the recorder. The question was related to moving on to more meaningful work than she find in her current employment.

We wish you to imagine yourself when you're going to work; getting dressed and going. Can you do that? We wish you to imagine putting on your shoes, and before you put your shoes on, wish you to kiss them. And we wish you to honor them and bless them. So that each time you place a foot on the ground, it is a blessed step. Now we wish you to know that you are most certainly very humble. That you are most certainly very beautiful, (lost to the wind). To realize your own mastery, it is not a state of becoming, this is true for all of you, you are not becoming anything. You are. And as you acknowledge that you are, you are already a master, you have been enlightened so many times it is ridiculous. It is not about the journey of selfish enlightenment. if there could be such a thing, that's a little bit of an oxymoron but we use it to explain ourselves, it is not about your own personal journey of enlightenment this time. All you have to do is snap your fingers and your memories of enlightenment will be with you. It is not a journey this time of becoming enlightened it is a journey that you came here as masters to serve this planet. And there is a need for you to see the mastery of others. And so our suggestion for you C over the next month is very particular work, that you do every day before you go to your place of emploment. That you imagine each one that you are involved with in your workspace, and that you imagine each of them as masters. That you imagine each of them filled with light and if you struggle with this invite in our assistance and we will take care of that and then you will begin to see every being, on this planet as light. When you perceive them that way they will begin to perceive themselves that way and the work situation will change. You are all about eradicating the darkness that has filled this earth for many eons and as you do this you would begin your journey into what you would call more fruitful work. Work that you would prefer to do, that is more obviously changing your life, but you have this work to do first and you will know when it is complete. You may find, that those that you are seeing in the light, become more difficult by the day. This has nothing to do with making them easier to be around, for what it will bring up in each of those people, is their difficulty with honoring their own light and so their dark energies that endeavor to keep the light out, will be coming to the fore. So the more light you send you may well find that you are getting more and more difficult experiences in the workplace. And that will require more and more light and the light will break through; this is our work for you. If you do it as intensely as we suggest, and with our help, it will not take very long, before you find that you will take a different avenue that is much much more fulfilling. Does this answer your question?

C: yes it does.

We are glad. We ask those of you that this may apply to, to please use this work we have offered to this woman. We ask you now to go within, and say a prayer, that you invite in people who push your buttons. Oh yes, invite them so that you can serve them, you came here to serve. Remember the call to serve. And you thought you were going to be doing something so enlightening. You are. It is the call to serve. Ask people to push your buttons. Ask for our help when you struggle and you will find you will be able to laugh a great deal. They will push a button, and instead of getting upset you will start laughing. You will realize that yesterday that button would have been really hard, today, it's no big deal, and we will ask you to invite more people to push more buttons, so you can have a lot more laughter. We aim to bring joy to the planet one difficult person at a time, one unfortunate personality at a time. Some of you may be glad you didn't take notes tonight, you can conveniently say, "I forgot that part"; but then we will send you the information in a transcript and it will be difficult to forget. Although you could of course choose not to read it, but as you've invited us in, guess what we will do, we will send you lots of difficult people. So you might as well invite them yourself and take charge, it becomes much easier when you take charge as oppose to allowing us to push those buttons, it is much more fun when you choose it yourself. So, go in and really say that prayer now, some of you think you got out of it a little by laughing your way through. Go in and say a prayer that "I invite difficult people, to push my buttons, tomorrow." Know that you have just been invited to kindergarten at playtime. It will be great fun.

Now, we wish you to stand and stretch your bodies. Breathe. Breathe the wind. And shake. If your neck is stiff move it. Notice where you're stiff. We're not stiff rocks in the garden. Those of you who want water it would be a good time to drink some now.

Now that you are sitting down move your ankles, move your legs. Move move move. Now we wish you to go in and focus on what brought you here tonight, each of you had a reason for coming. You may have not been aware of it. And ask if that reason has been fulfilled. Have you got what you came for? There is no right or wrong answer, just go in and ask. If the answer is no, we wish you to let us know. Come on there must be a brave soul here. Well in that case we might as well pack up and go home if everybody's got what they came for.

P: I have a question.

Speak up.

P: I have a question. "Kathumy" came to me on Tuesday, and I had no plans on coming here. I didn't even know about it. But "Kathumy" asked for me to come. And it was important for my group which was very interesting because we hadn't covered that, I asked who they were, and it was my friends Julia, and Lynn and that we were going to be working with our ascended masters which you already covered that, but the question was, was there something specific?

Yes.

And if so, could you please tell us.

Yes.

Thank you.

We wish you to all go in, and ask if you too are working with “Kathumy”. He may be your particular Master; he may have come in this evening. But ask if you are working with “Kathumy”. And if so please say yes.

Let P know which of you said yes. This is your group.

P: and can you raise your hand so I know?

Before you leave tonight you need to physically connect with them. We would suggest exchanging methods of communicating, including telepathy, but not just that. It's a group you would not have expected; it is a group you did not know of. It is a group who is working together with this being, to prepare each of you for the movement of the Christ within yourselves. He is, if you wish working as John the Baptist. He is preparing you. You have already been told P, that the Christ would be working with you more beginning in September.

P: Yes.

Others may have a little different time line. But you are all working to prepare to bring this Christ energy, which you have allowed to hover, and some of you have allowed in somewhat. But you are allowing it in a much strong deeper penetrating level (lost to the wind). It is as a rebirthing in you. We remind you momentarily not to scare you but to remind you, that with the Christ energy there is the energy of crucifixion. There is the energy of allowing death in order for the resurrection, this is true for all masters but it is not true in the same manner as it is true for the Christ; and so there is energy of trepidation when working with the Christ and this will keep you from allowing its full energy. So, the group that voiced tonight, that raised their hands, you are there to support each other, and to share similarities and differences, as you are being prepared, for the birthing and the dying of the Christ energy within you, which may happen simultaneously, it may happen months apart. It is going to be a different movement for each of you. We will not spell it out, for it is for you to experience. But we would encourage you to each ask for Kathumy's energy to work with you to prepare you to clear the fears that will move into your field. We now ask you to invite the Christ energy. It is a tremendous energy that is willing to serve through sacrifice, but this is only one piece, often the whole focus, is on the death as the sacrifice and the resurrection, but we wish you to remember that there was a lot more to it than that. There was a great deal of service that went before and after. So, as you are inviting in this Christ energy do not

only focus on the death, while it is a major piece of it, it is only one piece. But it will help you develop your feeling within, it will help you realize where your services lie. That is all we wish to say on that matter.

P: thank you very much, that brought a lot more clarity.

Are there other questions regarding ascended masters? They are all here for you tonight to work with you so it is a good time to ask the questions.

Who amongst you is working with John The Baptist? The energy that was John The Baptist. Are you aware of that? Is anybody aware of that?

Yes

Okay, Can you voice your name?

Ji

And who was the other one?

Pa

And the third one to the right of Kim.

(Lost in the wind) John The Baptist. The one that was John The Baptist preparing the way, Ji what would you like to share regarding John The Baptist and your work?

Ji: The living water is in each of us, (lost in the wind) every cell, every strand of DNA, is surrounded in the light and the way of the living water.

Pa how does that apply to your light? Do you wish Ji to repeat it?

Ji: The living water, the light and the way, every strand of DNA is surrounded by it.

You need to speak up.

(Pa says something that is lost in the wind)

How does that effect your light?

(Pa speaks again)

Watch them come! Watch them come. And we mean that in all sincerity, it is important not to hold onto them. (Lost in the wind) The movement of the water, can you imagine the water trying to hold onto a rock? Saying "you can't have that rock!" (Lost in the wind) D how does that effect you? Do you wish Ji to repeat it?

(D speaks too faintly for me to make out)

Well done, is there anyone else who is working with John the Baptist?

Ji: for our thoughts are our communion with each other and with all things.

There is more Ji keep going.

Ji: abundance flows with our thoughts; connection is everlasting and non-ceasing. The living water it flows within us. Within our thoughts, within our skin, within the dirt beneath our feet, within the sky above our heads. Within all things, it flows.

There's more. A slight change of subject though. There is more.

Ji: we are all the abundance, the abundance we see. It is who we are.

Thank you. Who here works with the element of the wind?

K: I do!

And who else? Who focuses on the wind? K, anybody else?

K: Car, Ch.

Ch. Who would like to be the spokesperson for the wind? What is its job this evening? We need a voice.

Car: I'll do it.

So go within Car, and ask us to speak through you with the wind. Be the voice of the wind. We are ready.

Car: I'm nervous.

We know. But you are ready. We congratulate you.

Car: I am here to blow away all the things that are untrue in your life. I allow you to stand and let everything blow off of you. I blow through you and cleanse everything.

There is more.

Car: (something lost to the wind) I am the ultimate breath. I am the blessing of breath.

We ask you to please breathe that in, "I am the ultimate breath. I am the blessing of breath." Breathe it in until it becomes your truth. "I am the ultimate breath. I am the

blessing of breath.” I am that I am. I am the ultimate breath. Thank you, (lost to the wind). I am the breath. We ask each of you to say it out loud. I am the breath.

All: I am the breath.

I am the water of life.

All: I am the water of life.

I am.

All: I am.

Who here works with the sky? The stars? Who would like to be the spokesperson for the stars? Go in and ask if its you. It is an individual over here that needs to speak who works with the stars. Take a risk. Who would like to step forward and speak for the stars? For space and the sky? You will be missing out on a wonderful opportunity to serve. Speak up.

J

Speak up.

J: The galaxy wishes to speak.

Speak up.

J: The galaxy is tiny points of light, it swirls around in the heavens. You have a light that swirls around you... they have accumulated the stars. They shine brightly together as a whole as we as a planet shine together as a whole. They are an utter reflection of our inner selves joined together in light throughout the universe. (Wind) Look to the heavens and ask the light within to be reflected back from the light in the galaxy. See that light reflected in your soul. (wind) until we are one, we are whole.

Thank you. So be that light. Allow the galaxies to shine upon you. And reflect the shining back. Until this circle becomes one light. Now ask for this one light, to illuminate your shadow. And we ask you to give a word to your shadow and voice it out loud whatever comes up, everyone. We ask you to imagine your shadow in the arms of the angel in front of you. And imagine it being filled with love, and beauty, and the light of the galaxies filling your shadow. Until all that is left, is love and the light of the galaxies and your angel.

So the second piece of information wish to give you, is not only will you be inviting difficult people into your lives. You will be inviting opportunities for your shadow to heal for it to move into its full light so that there is no part of you missing. For in order to move into service, we need all of you. We need every cell, every aspect every idea. Every pulse within you is needed for you to fulfill your service on this planet. Now we wish

each of you to go within, and we are going to go around the circle, beginning with this one and we ask you to find a truth, and then listen to the others do not focus on your own, we ask you to find a truth, the truth about yourself that you need to share at this moment.

The truth that I am told to share is that I am as a hollow bone. Go to the left, the next person please.

(Too faint to hear over the wind)

Speak up.

I am light.

(Another person too quiet)

Can't hear you.

I am wind.

I am love.

(Voices lost in the wind)

Are there others?

All I have to do is shine my light.

I am.

I am truth.

I am joy.

We wish you to sit with your truth. We ask how you can use this truth to serve the planet. Please go within and ask. If you forget everything else tonight, we ask that you remember this; this is significant to recognize your own truth.

We wish to take approximately a ten to fifteen minute break, and then we ask you to come back and come into the circle in silence. We suggest you move, drink, use the facilities, and leave this space for ten minutes.